La Patisserie FOOD ALLERGIES (October 2024)

PLEASE NOTE THAT OUR BAKERY AND KITCHENS HANDLE THE MAJORITY OF THE 14 COMMON ALLERGEN INGREDIENTS AND DESPITE ALL REASONABLE PRECAUTIONS BEING TAKEN TO PREVENT CROSS CONTAMINATION THERE MAY BE UNAVOIDABLE TRACES OF ALLERGEN INGREDIENTS IN ANY PRODUCT.

	Cereals containing gluten	Eggs	Dairy/ milk	Nuts	Soya	Sesame seeds	Mustard	Fish	Shelfish	Celery	Lupin	Sulphur dioxide (e220)	Maize	Peanuts
					٧	IENNOISERI	ES/CAKES/P	ASTRIES						
Almond bite	Wheat	Eggs	Dairy/ milk	Almond										
Almond cream	Wheat	Eggs	Dairy/ milk	Almond										
Almond croissant	Wheat	Eggs	Dairy/ milk	Almond										
Almond tuile		Eggs	Dairy/ milk	Almond										
Apple tart	Wheat	Eggs	Dairy/ milk	Almond										
Apple danish	Wheat	Eggs	Dairy/ milk											
Apricot tart	Wheat	Eggs	Dairy/ milk	Almond										
Apricot upside down	Wheat	Eggs	Dairy/ milk	Almond										
Berry or Rhubarb crumble	Wheat	Eggs	Dairy/ milk	Almond Hazelnut										
Bostock	Wheat	Eggs	Dairy/ milk	Almond	Soya									
Brioche	Wheat	Eggs	Dairy/ milk											

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Brownie salted caramel from Real Patisserie		Eggs	Dairy/ milk		Soya						
Butter cream		Eggs	Dairy/ milk								
Canele	Wheat	Eggs	Dairy/ milk								
Carrot cake from BAKERY	Wheat	Eggs	Dairy/ milk	Almond Walnut Peanut							Peanut
Chocolate & almond cake		Eggs	Dairy/ milk	Almond	Soya						
Chocolate & pistachio delight		Eggs	Dairy/ milk	Almond Pistachio	Soya						
Chocolate almond croissant	Wheat	Eggs	Dairy/ milk	Almond	Soya						
Chocolate & pear from BAKERY	Wheat	Eggs	Dairy/ milk		Soya						
Chocolate & raspberry vegan mousse				Coconut	Soya						
Chocolate & raspberry cake from BAKERY	Wheat				Soya						
Chocolate croquant	Wheat, barley	Eggs	Dairy/ milk	Almond Hazelnut	Soya						

Chocolate caramel tart	Wheat	Eggs	Dairy/ milk		Soya				 	
Chocolate éclair	Wheat	Eggs	Dairy/ milk		Soya					
Chocolate moelleux	Wheat	Eggs	Dairy/ milk		Soya					
Chocolate puffed rice & almond tuile	Barley		Dairy/ milk	Almond	Soya					
Cinnamon swirl	Wheat	Eggs	Dairy/ milk							
Coffee & walnut cake from BAKERY	Wheat	Eggs	Dairy/ milk	Walnut						
Coffee & hazelnut chou	Wheat	Eggs	Dairy/ milk	Hazelnut						
Croissant	Wheat	Eggs	Dairy/ milk							
Dacquoise	Wheat	Eggs	Dairy/ milk	Hazelnut	Soya					
Flan vanilla	Wheat	Eggs	Dairy/ milk							
Flapjack date & orange from BAKERY	Cereals containing gluten			Coconut						
Florentin			Dairy/ milk	Almond	Soya					
Fraisier	Wheat	Eggs	Dairy/ milk							
Framboisier		Eggs	Dairy/ milk	Pistachio						

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Fruit danish	Wheat	Eggs	Dairy/ milk							
Galette des rois (Kings cake)	Wheat	Eggs	Dairy/ milk	Almond						
Gingerbread man	Wheat	Eggs	Dairy/ milk							
Krumchy	Wheat	Eggs	Dairy	Hazelnut	Soya					
Lime & mango	Wheat	Eggs	Dairy/ milk	Almond						
Macaron		Eggs	Dairy/ milk	Almond	Soya in chocolate					
Mascarpone & apple surprise	Wheat	Eggs	Dairy/ milk		Soya					
Millefeuille	Wheat	Eggs	Dairy/ milk		Soya					
Opera	Wheat	Eggs	Dairy/ milk		Soya					
Pain chocolat	Wheat	Eggs	Dairy/ milk		Soya					
Pain raisins	Wheat	Eggs	Dairy/ milk							
Pastry cream		Eggs	Dairy/ milk		Soya in chocolate pastry cream					
Pear & chocolate tart	Wheat	Eggs	Dairy/ milk	Almond	Soya					
Pecan & mascarpone tart	Wheat	Eggs	Dairy/ milk	Pecan						

Pistachio & lavender cake		Eggs	Dairy/ milk	Almond/p istachio						
Plum cake	Wheat	Eggs		Almond						
Plum tart	Wheat	Eggs	Dairy/ milk	Almond						
Rasbperry tart	Wheat	Eggs	Dairy/ milk	Almond						
Raspberry & pistachio bite	Wheat	Eggs	Dairy/ milk	Almond Pistachio						
Raspberry Iunette	Wheat	Eggs	Dairy/ milk							
Raspberry mousse		Eggs	Dairy/ milk	Almond in macaron & Pistachio						
Spelt digestive	Spelt		Dairy/ milk		Soya					
Strawberry tart	Wheat	Eggs	Dairy/ milk	Almond						
Sunny lemon tart	Wheat	Eggs	Dairy/ milk							
Sweet paste	Wheat	Eggs	Dairy/ milk							
Tiramisu	Wheat	Eggs	Dairy/ milk		Soya					
Tunisian orange cake from BAKERY	Wheat	Eggs		Almond						

Victoria sponge from BAKERY	Wheat	Eggs	Dairy/ milk											
Waffle	Wheat	Eggs	Dairy/ milk											
							BREAD							
	Cereals containing gluten	Eggs	Dairy/ milk	Nuts	Soya	Sesame seeds	Mustard	Fish	Shelfish	Celery	Lupin	Sulphur dioxide (e220)	Maize	Peanuts
Brioche bap sunflower & poppy seeds	Wheat	Eggs	Dairy/ milk		Soya									
Chewy brown Chewy white French cob	Wheat & Rye Wheat Wheat,		POSSIBLE T	RACE SOYA	A AND PRO	DUCTS THE	REOF, MILK	AND PROI	DUCTS THEF	REOF, WAL	NUTS, ALM	ONDS, SESA	AME SEEDS	
French stick Multicereal baguette	Wheat wheat, Rye &					Sesame seeds	POSSIBL	E TRACE EG			HEREOF, N	IILK AND PR	ODUCTS TI	HEREOF,
Multicereals	Wheat, Rye & Barley					Sesame seeds	POSSIBL	E TRACE EG			HEREOF, W	IILK AND PR	ODUCTS TI	HEREOF,
Rye sourdough	Rye													
Sliced lightgrain	Wheat		POSSIBLE T	RACE SOYA	A AND PRO	DUCTS THE	REOF, MILK	AND PROI	DUCTS THE	REOF, WAL	NUTS, ALM	ONDS, SESA	AME SEEDS	
Sliced white	Wheat		,			•	1				1		T	1
Spelt & Honey	Spelt & Barley					Sesame seeds	THEREOF,	MILK AND	GGS AND PR PRODUCTS , ALMONDS	THEREOF,	Lupin			
Stoneground sourdough	Wheat & Rye		POSSIBLE T	RACE SOY	A AND PRO	DUCTS THE	REOF, MILK	AND PRO	DUCTS THE	REOF, WAL	NUTS, ALM	ONDS, SESA	AME SEEDS	•

Wheat	Wheat &													
sourdough	Rye		POSSIBLE 1	RACE SOY	A AND PRO	DUCTS THE	REOF, MILK	AND PRO	DUCTS THEF	REOF, WALI	NUTS, ALM	ONDS, SESA	ME SEEDS	
Wholemeal	Wheat													
						SA	VOURIES							
	Cereals containing gluten	Eggs	Dairy/ milk	Nuts	Soya	Sesame seeds	Mustard	Fish	Shelfish	Celery	Lupin	Sulphur dioxide (e220)	Maize	Peanuts
Bacon, cheese & tomato danish	Wheat	Eggs	Dairy/ milk											
Cheesestraw	Wheat	Eggs	Dairy/ milk											
Chicken & tarragon puff	Wheat	Eggs	Dairy/ milk											
Ham & cheese croque	Wheat & Rye		Dairy/ milk											
Onion or goats cheese & roasted pepper croque	Rye		Dairy/ milk											
Pie chicken	Wheat	Eggs	Dairy/ milk											
Pie Ham & potato	Wheat	Eggs	Dairy/ milk											
Quiche goat's cheese, beetroot & butternut squash	Wheat	Eggs	Dairy/ milk											

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Quiche leek,			Dairy/						
parmesan &	Wheat	Eggs							
ham			milk						
Quiche			Dairy/						
lorraine	Wheat	Eggs	milk						
Quiche			HIIIK						
		_	Dairy/						
mushroom &	Wheat	Eggs	milk						
gruyere									
Quiche salmon	Wheat	Eggs	Dairy/ milk			Fish			
& broccoli			IIIIK						
Quiche			5 . ,						
spinach, feta &	Wheat	Eggs	Dairy/	Pine nuts					
pinenuts		00-	milk						
-				Pine nuts					
Quiche			Dairy/	and					
tomato, basil	Wheat	Eggs							
& mozzarella			milk	cashew					
				nuts					
	Wheat &		Dairy/						
Salmon &	Rye		milk			Fish			
spinach tartine	Nyc		HIIIK						
Spinach &		1	Dairy/						
ricotta puff	Wheat	Eggs	milk						
Tartine				Pine nuts					
Tomato,	Wheat &		Dairy/	and					
Mozzarella	rye		milk	cashew					
	Tyc		HIIIK						
and Pesto			D-: /	nuts					
Toasted	Wheat	Eggs	Dairy/						
croissant			milk						
Turkey, bacon,	Wheat	Eggs	Dairy/						
sage & onion	vviicat	∟გგა	milk						
sausage roll									

Vegan beetroot and fennel sausage roll	Wheat & Barley				Soya									
	Cereals containing gluten	Eggs	Dairy/ milk	Nuts	ES ON FREI Soya	Sesame seeds	or SLICED L	<mark>IGHTGRAIN</mark> Fish	or BRIOCH Shellfish	Celery	Lupin	Sulphur dioxide (e220)	Maize	Peanuts
Brie & bacon	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk		Soya if bun	Sesame seeds if brown baguette	Mustard							
Brie & chutney	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk		Soya if bun	Sesame seeds if brown baguette	Mustard							
Brie & stuffing	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk		Soya if bun	Sesame seeds if brown baguette	Mustard							
Chicken & bacon	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun			Soya if bun	Sesame seeds if brown baguette	Mustard							

Chicken coronation	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun			Soya if bun	Sesame seeds if brown baguette	Mustard				
Chicken liver pate	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk		Soya if bun	Sesame seeds if brown baguette	Mustard				
Chicken Pesto	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk	Cashew in pesto	Soya if bun	Sesame seeds if brown baguette	Mustard				
Chicken stuffing & cranberry	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk		Soya if bun	Sesame seeds if brown baguette	Mustard				
Egg & bacon	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun			Soya if bun	Sesame seeds if brown baguette	Mustard				

Egg & cress	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun		Soya if bun	Sesame seeds if brown baguette	Mustard				
Falafel & hummus	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun		Soya if bun	Sesame seeds if brown baguette	Mustard				
Goat's cheese & roasted veg.	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk	Soya if bun	Sesame seeds if brown baguette	Mustard				
Gruyere & chutney	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk	Soya if bun	Sesame seeds if brown baguette	Mustard				
Ham & gruyere	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk	Soya if bun	Sesame seeds if brown baguette	Mustard				

Ham, cheese & coleslaw	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk	Soya if bun	Sesame seeds if brown baguette	Mustard				
Houmous & roasted veg.	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun		Soya if bun	Sesame seeds if brown baguette	Mustard				
Pastrami	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk	Soya if bun	Sesame seeds if brown baguette	Mustard				
Prawn cocktail	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun		Soya if bun	Sesame seeds if brown baguette	Mustard	Shellfish			
Roast beef & horseradish	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun		Soya if bun	Sesame seeds if brown baguette	Mustard			Sulphur dioxide	

Salami	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun	Dairy/ milk	Soya if bun	Sesame seeds if brown baguette	Mustard				
Tuna sweetcorn	Wheat & Barley (+ Rye if brown baguette)	Eggs if bun		Soya if bun	Sesame seeds if brown baguette	Mustard	Fish			